

Wednesday 2 November 2016 - Chemical Peels and Collagen Stimulators

9.00 – 10.10	Dr Sharron Phillipson & Dr Lesleigh Brown	<p>Introduction</p> <ul style="list-style-type: none"> • The classification of skin types and levels of photodamage • Assessment Dyschromia • Wrinkles <p>What are Skin Peels</p> <ul style="list-style-type: none"> • Classification of peel depths • Peeling agents • Toxicity <p>Reversal of Photodamage with Chemical Non-Peel Techniques</p> <ul style="list-style-type: none"> • Sun avoidance • Retinoic acid • Alpha hydroxy acids • Combination therapy • Other non-peel methods <p>Basic Concepts in Skin Peeling</p> <ul style="list-style-type: none"> • Pharmaceutical considerations • Priming • Wound healing • Regional peels • Re-peeling • Anaesthesia • The difference between facial and non-facial skin peels <p>Patient Information</p> <ul style="list-style-type: none"> • Photographs • Checklists • Consent forms • Instructions <p>Complications</p> <ul style="list-style-type: none"> • Tears dripping on the neck • Premature peeling • Infection • Acneform eruptions • Ecchymoses • Post-inflammatory hyperpigmentation • Hypopigmentation • Allergic reactions • Persistent erythema • Scarring <p>Patient selection</p> <ul style="list-style-type: none"> • Initial consultation • Treatment programs <p>Jessner's peels</p> <ul style="list-style-type: none"> • Jessner's solution • Performing the peel <p>Complications Glycolic acid peels</p> <ul style="list-style-type: none"> • Neutralisation • Glycolic acid strength and pH • Performing the peel • Complications <p>Trichloroacetic acid peels</p> <ul style="list-style-type: none"> • Trichloroacetic acid solutions and basic pharmacy • Performing the peel • Non-facial peels with trichloroacetic acid
10.10 – 10.30	Q&A	
10.30 – 11.00	Morning Tea	
11.00 – 12.10	Dr Sharron Phillipson & Dr Lesleigh Brown	<p>Maximising outcomes and Latest Techniques for Poly-lactic Acid</p> <ul style="list-style-type: none"> • Dilution Methods • Temple Rejuvenation • Facial Volumising • Post Treatment Care • Managing Patient Expectations • Potential complications & how to manage them
12.10 – 12.30	Q&A	
12.30 – 13.30	Lunch	
13.30 – 15.00	Dr Sharron Phillipson	<p>Live Demonstration</p> <ul style="list-style-type: none"> • Latest Poly-l-lactic acid injecting techniques
15.00 – 15.30	Afternoon Tea	
15.30 – 17.00	Dr Sharron Phillipson & Dr Lesleigh Brown	<p>Live Workshops</p> <ul style="list-style-type: none"> • Jessner's peels, Glycolic acid peels and Trichloroacetic acid peels



Introduction to Cosmetic Medicine Pre-Conference Workshop

Crowne Plaza Hunter Valley | 2 - 4 November 2016

Thursday 3 November 2016 - Dermal Fillers and Botulinum Toxin A

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9.00 – 10.10	Dr Suzanna Luo	Botulinum Toxin Overview & Facial Anatomy <ul style="list-style-type: none"> Mechanism of action Managing patient expectations Post Treatment Protocols <ul style="list-style-type: none"> Complications
10.10 – 10.30	Q&A	
10.30 – 11.00	Morning Tea	
11.00 – 12.10	Dr Suzanna Luo	Hyularonic Acid Dermal Fillers <ul style="list-style-type: none"> Review a dermal fillers available Indications of the face which can be treated effectively with dermal filler Injection technique to treat the different indications of the face Managing patient expectations <ul style="list-style-type: none"> Potential complications Post treatment protocols
12.10 – 12.30	Q&A	
12.30 – 13.30	Lunch	
13.30 – 15.00	Dr Suzanna Luo	Botulinum Toxin & Hyularonic Acid Dermal Filler Workshop <ul style="list-style-type: none"> Glabella Lines Mid Face Rejuvenation Lip Rejuvenation
15.00 – 15.30	Afternoon Tea	
15.30 – 17.00	Dr Suzanna Luo	Botulinum Toxin & Hyularonic Acid Dermal Filler Workshop continued

Friday 4 November 2016 – Lasers & Sclerotherapy

Lasers

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9.00 – 10.10	Speaker TBC	<ul style="list-style-type: none"> Laser Physics Laser safety Laser tissue interaction Selective photo-thermolysis and thermal relaxation time
10.10 – 10.30	Q&A	
10.30 – 11.00	Morning Tea	
11.00 – 12.10	Speaker TBC	<ul style="list-style-type: none"> Indications for use of lasers and IPL's in cosmetic medicine Treatment parameters Clinical applications for lasers and IPL's Patient assessment, education and expectations Contraindications Hair reduction - Suitable wavelengths for different skin types and hair types Pigmentation - Understanding pigment and different treatment options Vascular lesions - Treatment of vascular conditions on the face and body
12.10 – 12.30	Q&A	
12.30 – 13.30	Lunch	
13.30 – 15.00	Speaker TBC	<ul style="list-style-type: none"> Ablative and non-ablative fractional resurfacing - Rejuvenation, scarring and pigment Q Switched lasers - Tattoo removal, skin rejuvenation and difficult pigmentation Side effects and complications
	Speaker TBC	Live Workshops – Lasers <ul style="list-style-type: none"> Ablative Fractional Resurfacing - Deka SmartXide2 DOT/RF. DOT Therapy Tattoo removal, pigmentation and photo-facial - DekaDuolite Q Switched laser Skin rejuvenation and pigmentation - Energist Ultra Plus – IPL Hair reduction and Vascular Treatments –DekaReplayAlexandrite/Nd:YAG/IPL
15.00 – 15.30	Afternoon Tea	
Sclerotherapy		
15.30 – 17.00	Dr Paul Thibault	Sclerotherapy, Microsclerotherapy <ul style="list-style-type: none"> Current concepts in the treatment of venous disease Q&A Live Demonstrations <ul style="list-style-type: none"> Practical needle guidance with ultrasound