



**PROGRAM | Pre Conference Workshops | Tuesday 3 September 2013**

|         |   |                                  |  |                              |                                      |                          |
|---------|---|----------------------------------|--|------------------------------|--------------------------------------|--------------------------|
| 7.30am  | Registration opens   <i>Ground Floor</i>              |                                  |  |                              |                                      |                          |
| 9.00am  | <b>Pre Conference Workshops</b>                       |                                  |  |                              |                                      |                          |
|         | Full Day Workshops                                    |                                  |  |                              | Half Day Workshops                   |                          |
|         | <i>Fitzroy Room</i>                                   | <i>Torrens Room</i>              | <i>Bradman/Menzies<br/>/Nicholls Theatrettes</i> | <i>Sutherland Theatrette</i> | <i>Murray Room</i>                   | <i>Swan Room</i>         |
|         | Indigenous<br>Palliative<br>Care                      | Paediatric<br>Palliative<br>Care | Volunteers<br>Conference                         | Critical<br>Appraisal        | Integrated<br>Framework:<br>Dementia | NSAP /<br>PEPA/<br>PCC4U |
| 10.30am | MORNING TEA   |                                  |  |                              |                                      |                          |
| 11.00am | ↓   | ↓                                | ↓  | ↓                            | ↓<br>Concludes                       | ↓<br>Concludes           |
| 12.30pm | LUNCH   |                                  |  |                              |                                      |                          |
| 1.30pm  | ↓   | ↓                                | ↓  | ↓                            | Aged Care                            | Health<br>Promotion      |
| 3.00pm  | AFTERNOON TEA   |                                  |  |                              |                                      |                          |
| 3.30pm  | ↓   | ↓                                | ↓  | ↓                            | ↓                                    | ↓                        |
| 5.00pm  | Workshops conclude                                    |                                  |  |                              |                                      |                          |
| 5.30pm  | Conference Welcome Reception   <i>Exhibition Area</i> |                                  |  |                              |                                      |                          |
| 7.30pm  | <i>National Convention Centre, Canberra</i>           |                                  |  |                              |                                      |                          |

7.00am

Registration opens | *Ground Floor*

7.15am

BREAKFAST SESSIONS: **1.** Allied Health Hub Launch - *Ballroom* **2.** ANZSPM AGM - *Fitzroy/Murray Room*

8.30am

OPENING CEREMONY | *Royal Theatre*

**Plenary Session 1**

*Professor Irene Higginson Meeting the challenges of changing needs: New models, old codes?*

8.45am

9.15am

MORNING TEA | *Exhibition Hall, Ground floor*

10.30am

**Concurrent Sessions A**

11.00am

12.30pm

**A1 Project Presentations**

**A2 Project Presentations**

**A3 Workshops**

**A4 Workshops**

**Research**

*Sutherland Theatre*

**Specific Populations**

*Swan/Torrens Room*

*Ballroom*

*Fitzroy/Murray Room*

Palliative Care Research Network Victoria (PCRVN): A state-wide initiative of collaboration for palliative care research  
*Kristina Thomas*

Opiate errors in the specialist cancer and palliative care setting: An exploratory study  
*Nicole Heneka*

Predicting place of death of community palliative care clients  
*Joanna Smith*

Motor Neurone Disease family carers' experiences of caring, palliative care and bereavement  
*Samar Aoun*

ALTARS Workshop: Using art and ritual to commemorate deceased loved ones  
*Colleen Nordstrom*

'We know more than we can say': Reflection practice in palliative care  
*Sarah Coulson*

Is community-based palliative care cost effective? Economic evaluation of the Australian Palliative Care Extended Packages at Home (PEACH) Pilot  
*Nikki McCaffrey*

Hope and Hurdles: A flexible information resource for women with secondary breast cancer  
*Kathy Wells*

Recruiting to clinical trials in palliative care: Integrating recruitment into clinical care  
*Belinda Fazekas*

Art therapy - expressing the inexpressible: Meeting the needs of children that have a sibling with a life limiting illness  
*Belinda Ryan*

The dynamics of hope and spiritual care  
*Clair Hochstetler*

The importance of personhood in medicine and its relation to narrative  
*Professor Eric Cassell*

Place of death decisions for Adolescents and Young Adults (AYAS) dying from cancer  
*Janet Barling*

Predictors of long term opioid treatment among patients who receive chemoradiation for head and neck cancer  
*Jung Hye Kwon*

12.30pm

LUNCH | *Exhibition Hall, Ground floor*

1.30pm

Wednesday AM



BREAKFAST SESSION **3. PCNA AGM - Swan/Torrens Room**

- Plenary Session
- Project Presentation
- Workshop
- Research Paper
- Speed Talk
- Panel Discussion / Q & A

**Research Papers**

**A5 Research Papers      A6 Research Papers      A7 Research Papers      A8 Research Papers**

**Clinical Care**      **Professional Practice and Education**      **Patient and Carer**      **Global to Local**  
*Bradman Theatre*      *Menzies Theatre*      *Nicholls Theatre*      *Royal Theatre*

|  |  |   |   |
|--|--|---|---|
| Using mixed-methods to develop evidence-based models of palliative care: A case study using data from a new model for people with malignant glioma and their carers<br><b>Anna Collins</b> | Distances and costs create significant gaps in palliative care education in the Loddon Mallee<br><b>Ilana Solo</b>                                     | Cancer and palliative care patients regard music as essential, supportive, incidental, or lost: Implications for healthcare<br><b>Clare O'Callaghan</b> | Palliative care at an international level<br><b>Dr Yvonne Luxford</b>                           |
| Exploring recognition and assessment of delirium symptoms by palliative care nurses: A qualitative study<br><b>Annamarie Hosie</b>   | Building community and professional capacity at the end of life: An evaluation of health promoting palliative care in the ACT<br><b>John Rosenberg</b> | 'I've already maxed out two credit cards': What does caring 'cost' family and whānau within a palliative care context?<br><b>Merryn Gott</b>            | Palliative care as an international human right: A tool for advocacy<br><b>Dr Frank Brennan</b> |
| Implementation of the emergency medication kit in community specialist palliative care service patients<br><b>Kate Maher</b>   | Advance care planning knowledge, opinions and practice of Australian palliative care service staff<br><b>Marcus Sellars</b>                            | Death awareness and acceptance in patients with terminal cancer<br><b>Isuri Weerakkody</b>  | Palliative care and indigenous health<br><b>Ngangkari</b>                                       |

Wednesday AM

1.30pm

**Plenary Session 2** | *Royal Theatre*

*What's new in the sector*

1.40pm

**Professor David Kissane** *The contribution of psycho-oncology to palliative care*

2.20pm

**Professor Eric Cassell** *Healing the sick person*

3.00pm

AFTERNOON TEA | *Exhibition Hall, Ground floor*

3.30pm

**Concurrent Sessions B**

5.00pm

**B1** Project Presentations

**B2** Project Presentations

**B3** Workshops

**B4** Research Papers

**Education**

**Service Delivery**

**Service Delivery**

*Sutherland Theatre*

*Swan/Torrens Room*

*Ballroom*

*Bradman Theatre*

Scoping the palliative care education needs of the aged care workforce: Results of a national scoping survey  
**Clare Christiansen**

Dying in place of choice: Is it feasible for terminally ill people who live alone  
**Samar Aoun**

Five years of PCOC (Palliative Care Outcomes Collaboration): Progress and plateaus  
**Janet Taylor**

Education via video conference builds confidence in providing palliative care beyond tertiary centres  
**Robin Ray**

Discharging patients from an Australian hospice to residential aged care: A retrospective audit and residential aged care staff perceptions  
**Mil Chan**

Providing best practice bereavement support: Moving from evidence to practice  
**Christopher Hall**

Caring for imminently dying residents in aged care facilities: The experiences of health care assistants in New Zealand  
**Susan Fryer**

The indigenous component of PEPA: A model for building capacity in the indigenous health workforce  
**Mick Adams**

After - hours telephone triage: A palliative care support service in Victoria, Australia  
**Charlotte Chidell**

Developing exemplars for sustained integration of palliative care principles into allied health curricula  
**Alison Farrington**

Developing caring communities: What happens to community capacity when people come together to care for someone dying at home?  
**Debbie Horsfall**

Cultivating emotional competence in working with dying and bereaved persons  
**Associate Professor Amy Chow**

Evaluation of an innovative model for end of life care in a rural setting  
**Claire French**

Spiritual care is everyone's business  
**Anne Morgan**

The Carer Support Needs Assessment Tool (CSNAT) application in Western Australia: Preliminary findings  
**Samar Aoun**

Wednesday PM

5.00pm

Poster, Wine and Cheese Session | *Foyer, Ground floor*

6.15pm



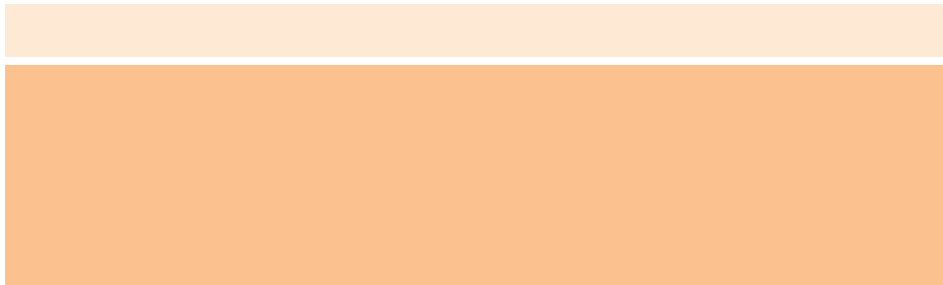
- Plenary Session
- Project Presentation
- Workshop
- Research Paper
- Speed Talk
- Panel Discussion / Q & A

|  |   |  |                            |
|--|---|--|----------------------------|
|  |   |  |                            |
| <b>B5</b> Research Papers                            | <b>B6</b> Research Papers                           | <b>B7</b> Research Papers                      | <b>B8</b> Panel Discussion |
| <b>Professional Issues</b><br><i>Menzies Theatre</i> | <b>Patient and Carer</b><br><i>Nicholls Theatre</i> | <b>Aged Care</b><br><i>Fitzroy/Murray Room</i> | <i>Royal Theatre</i>       |

|   |  |  |  |
|---|--|--|--|
| <p>Professional loneliness and emotional uncertainty: How medical specialists experience emotional aspects of their work with patients with life-limiting illnesses<br/><b>Sofia Zambrano Ramos</b></p> | <p>Patients' and carers' perceptions of the occupational therapy role in facilitating discharge from an inpatient palliative care setting<br/><b>Celia Marston</b></p> | <p>Use of the Residential Aged Care End of Life Care Pathway (RACEOLCP) in residential aged care facilities<br/><b>Fiona Israel</b></p>                      | <p>Palliative care under a new government: What do WE want?<br/><b>PANEL includes:</b><br/><b>Mr Michael Moore,</b><br/><b>Dr Yvonne Luxford</b></p> |
| <p>Easy, fast and good: Caresearch creates and publishes search filters for clinicians to have ready reliable access to the best palliative care evidence<br/><b>Sarah Hayman</b></p>                   | <p>Predictors of bereavement outcome for family caregivers: A prospective study across the palliative care bereavement trajectory<br/><b>Colleen Nordstrom</b></p>     | <p>Palliative Care Case Conference (PCCC) in Residential Aged Care (RAC): What do families want and are their needs being met?<br/><b>Deborah Parker</b></p> |  |
| <p>How do Australian palliative care nurses address existential and spiritual concerns? Facilitators, barriers and strategies<br/><b>Robyn Keall</b></p>  | <p>Studying family meetings: What have we learned and what should we measure?<br/><b>Christine Sanderson</b></p>   | <p>Inadequate pain relief in terminal illness: Human rights abuse<br/><b>Professor Colleen Cartwright</b></p>  |  |

Wednesday PM





- Plenary Session
- Project Presentation
- Workshop
- Research Paper
- Speed Talk
- Panel Discussion / Q & A

| C5 Speed Talks  |   |   |  |
|---|---|---|--|
| C5 Speed Talks  | C6 Speed Talks  | C7 Speed Talks  | C8 Speed Talks   |
| Education and Research<br><i>Bradman Theatre</i>  | Patient and Carer<br><i>Menzies Theatre</i>   | Rural and Regional<br><i>Nicholls Theatre</i>   | Models of Care<br><i>Royal Theatre</i>   |
| Providing 'best practice' placements begins with mentoring skills: Overview of the Program of Experience in the Palliative Approach (PEPA) quality improvement initiatives for mentors<br><i>Christine Howard</i> | Patient and family experiences of palliative care in hospital: What do we know? An integrative review of the literature<br><i>Jackie Robinson</i>                 | Dying in a rural hospital: Is it beyond our reach?<br><i>Anne Scott</i>   | Who, why and when: Stroke care unit patients seen by a palliative care service within a large metropolitan teaching hospital<br><i>Brian Le</i>                          |
| Redefining the specialist palliative approach: Clinical trials, an initial experience<br><i>Gillian McCarthy</i>  | A multimedia resource for carers of palliative care patients: A consumer-led project<br><i>Kristina Thomas</i>  | Home telehealth and palliative care: What is stopping us?<br><i>Natalie Bradford</i>  | Project Hamrahi: Four years on<br><i>Odette Spruyt</i>   |
| Participating in a palliative care clinical trial: A patient's perspective<br><i>Natalie Cutri</i>  | Chinese family obligations: Confucian cultural beliefs influencing palliative care for Chinese families and female carers in Australia<br><i>Mary Heidenreich</i> | Evaluating the effectiveness of a self directed learning package in increasing palliative care knowledge and confidence for health care workers in rural aged care facilities<br><i>Steven Pitman</i> | Restorative care for palliative patients: A retrospective clinical audit of outcomes for patients admitted to an inpatient palliative care unit<br><i>Fiona Runacres</i> |
| An integrated learning model of nurse education and support<br><i>Karen Eaton</i>   |   | A social model of care for community day hospices: The experience of Covenant Care, Canberra<br><i>Jennifer Hall</i>  |  |

Thursday AM



1.30pm

**Plenary Session 5** | *Royal Theatre*

*Regina Kendall "Know the way, show the way, go the way." Nursing leadership, identity and teamwork in palliative care*

*Ms Ita Buttrose Dementia, palliative care and social change*

*Professor Ian Maddocks*

1.50pm

2.20pm

2.35pm

**Professor Ian Maddocks Guest Lecture** | *Linda Jaffray 'Caring for my imagined future': Important considerations for advance care planning for older community dwelling adults with chronic, life limiting illness*

3.00pm

AFTERNOON TEA | *Exhibition Hall, Ground floor*

3.30pm

**Concurrent Sessions D**

5.00pm

**D1 Project Presentations**

**D2 Project Presentations**

**D3 Workshops**

**D4 Workshops**

**Residential Care**

*Sutherland Theatrette*

**Workforce**

*Swan/Torrens Room*

*Ballroom*

*Fitzroy/Murray Room*

Embedding a palliative approach in residential disability homes: A partnered capacity building approach  
**Bruce Rumbold**

Understanding a palliative approach from nursing assistants' perspectives in residential aged care facilities  
**Sara Karacsony**

The palliative care phase assessment in practice  
**Sabina Clapham**

Learning from developing and improving services: Using the MORECare statements and patient and family reported outcomes  
**Professor Irene Higginson**

My home till the end: The palliative care needs of people with disabilities living in group homes  
**Sharon O'Hehir**

Self assessment as a catalyst for service improvement: The introduction of an initial assessment psychosocial clinic for palliative care  
**Kate Swetenham**

Trial of "Bedside Whispering" family audio recordings program for frail residents in a Hong Kong nursing home  
**Him Yan Daniel Law**

Reflection on practice: A system-level learning tool  
**Sue Hanson**

Development of a medication imprint system endorsed by the Australia and New Zealand Society of Palliative Medicine (ANZSPM) to support terminal symptom management in Residential Aged Care Facility (RACF) residents  
**Liz Reymond**

Knowing where the personal ends and the professional begins: Providing palliation while understanding professional boundaries  
**Kim Devery**

Essential nursing knowledge and the skills needed to conduct comprehensive respiratory and abdominal clinical assessments  
**Karen Quinn**

How to run a family meeting in the palliative setting  
**Professor David Kissane**

Blind care: A small rural health service continuity model of palliative care  
**Alison Lowe**

What might the palliative care volunteer look like in 2020?  
**John Rosenberg**

Thursday PM

7.00pm

11.00pm

Centenary Gala Ball | *The Great Hall, Parliament House*





- Plenary Session
- Project Presentation
- Workshop
- Research Paper
- Speed Talk
- Panel Discussion / Q & A

Palliative Care everyone's business

D5 Research Papers      D6 Research Papers      D7 Research Papers      D8 Q & A Panel

**Patient and Carer** *Bradman Theatre*     
 **Service Delivery** *Menzies Theatre*     
 **Research Methodology** *Nicholls Theatre*     
 **Advance Practice** *Royal Theatre*

Providing standardized assessment and treatment of emotional distress in the palliative care inpatient: Impact on pain and well-being  
**Shibani Ray-Mazumder**

Perceptions and attitudes to early integration of palliative care for patients with incurable lung cancer: Results of a survey  
**Brian Le**

Challenges in palliative care research: Improving the evidence base to inform practice and policy  
**Samar Aoun**

When is palliative care everyone's business and when is it time to bring in the specialists? Looking at advance practice  
**PANEL**  
**Dr Geoff Mitchell,**  
**Dr Deirdre Morgan,**  
**Ms Kate Maher,**  
**Dr Dennis Pacl**

Risk factors for developing prolonged grief during bereavement in family carers of cancer patients in palliative care: A longitudinal study  
**Kristina Thomas**

End of life care in NSW: How does everybody see their business? A summary of findings from the NSW Quality Systems Assessment 2012  
**Amanda Walker**

The impact of implementation of an emergency medication kit on caregivers: The development of a medication specific self efficacy scale  
**Tracey Bullen**

Parents' and music therapists' reflections on the experience of music and music therapy for paediatric palliative care patients and their families, who come from diverse cultural backgrounds  
**Lucy Forrest**

The Public Health approach to bereavement support: Findings from a scoping study  
**Samar Aoun**

Caregiver Assessed Distress to Symptoms (CADS): Development and validation of a new instrument to measure family caregiver distress to palliative care patient symptoms  
**Colleen Nordstrom**

Thursday PM

PROGRAM | Day 3 | Friday 6 September 2013

8.00am  
8.45am  
9.00am  
9.45am  
10.30am  
11.00am  
12.30pm

Friday

Registration opens | *Ground Floor*

**Plenary Session 6** | *Royal Theatre*

*What's new in the sector*

*Dr Frank Brennan The nature of death and the role of palliative care*

*Associate Professor Amy Chow Grieving as insanity or expression of love?*

MORNING TEA | *Exhibition Hall, Ground floor*

**Concurrent Sessions E**

E1 Project Presentations

E2 Project Presentations

E3 Workshops

E4 Workshops

**Quality and Improvement**

*Sutherland Theatre*

**Therapeutics**

*Swan/Torrens Room*

*Ballroom*

*Fitzroy/Murray Room*

Palliative Care Outcomes Collaboration (PCOC) informing quality improvement in Australian palliative care services  
*Janet Taylor*

A retrospective study to report the use and tolerability of subcutaneous ranitidine infusions on an inpatient palliative care unit  
*Naomi Byfieldt*

Hearing, recognising and "speaking" the language of the spirit with people receiving palliative care: Developing skills learnt from research, practice and clinician education  
*Meg Hegarty*

Engaging palliative care for adolescent and young adults: Let's talk about the hard stuff!  
*Toni Lindsay*

Assessing service capability in Victoria: Access to appropriate levels of palliative care for everyone  
*Ellen Sheridan*

Improving medication safety in the palliative care home setting  
*Caroline Short*

A review of a community Palliative Care Equipment Service  
*Geraldine Hodson*

Polypharmacy in palliative care: Optimising medications at the end of life  
*Sarah Charlton*

Using a self completed checklist to assess and manage the needs of the carers of people with advanced cancer in general practice: Results  
*Geoffrey Mitchell*

Development and implementation of a new model of clinical care in patients with advanced cancer: Palliative Radiotherapy Rapid Assessment Clinic (PRRAC) illness  
*Kathy Pope*

Dignity Therapy a brief psychotherapy to benefit dying patients and their families  
*Brenda Bentley*

Music therapy to support families through multiple child losses: Considerations and challenges  
*Lucy Forrest*

Using the collaborative improvement breakthrough series model to improve patient centred palliative care across Australia  
*Helen Vaz*

Patterns of care and place of death of patients with metastatic non-small cell lung cancer  
*Jennifer Philip*

LUNCH | *Exhibition Hall, Ground floor*

**Plenary Session 7** | *Royal Theatre* | Panel Discussion

*Professor Irene Higginson, Professor Eric Cassell, Professor Colleen Cartwright, Professor David Currow, Ms Debra Cerasa*

*What's the one thing you would change to make sure palliative care becomes everyone's business?*

CONFERENCE CLOSING CEREMONY



- Plenary Session
- Project Presentation
- Workshop
- Research Paper
- Speed Talk
- Panel Discussion / Q & A



|                    |                    |                    |                    |
|--------------------|--------------------|--------------------|--------------------|
| E5 Research Papers | E6 Research Papers | E7 Research Papers | E8 Research Papers |
|--------------------|--------------------|--------------------|--------------------|

|   |  |  |  |
|---|--|--|--|
| Patient and Carer<br><i>Bradman Theatre</i> | Service Delivery<br><i>Menzies Theatre</i> | Symptom Control<br><i>Nicholls Theatre</i> | Clinical / Symptom<br><i>Royal Theatre</i> |
|---|--|--|--|

|   |   |   |   |
|---|---|---|---|
| <p>The sights and sounds of palliative care - caregivers' experiences at the deathbed: A qualitative study<br/><b>Elizabeth Lobb</b></p>                                    | <p>What impact does community-based case conferencing have on non-hospital resource utilisation in patients with advanced life-limiting illness?<br/><b>Nikki McCaffrey</b></p>   | <p>A multi-site, fixed dose, parallel arm, double-blind, randomised, placebo-controlled trial of infusional octreotide or placebo with regular parenteral ranitidine and dexamethasone in the control of vomiting associated with malignant bowel obstruction<br/><b>David Currow</b></p> | <p>A pilot study to investigate adherence to long-acting opioids among patients with advanced lung cancer<br/><b>Jaelyn Yoong</b></p>                           |
| <p>Do early patient centered family meetings reduce patient and family distress at first admission for in-patient palliative care?<br/><b>Anne Johnson</b></p>              | <p>Evaluation of a Nurse Practitioner (NP) led palliative care service in Residential Aged Care Facilities (RACFS) within Metro South Health (MSH)<br/><b>Therese Engeler</b></p> | <p>Pharmacovigilance in hospice/palliative care: Net effect of haloperidol for delirium<br/><b>Gregory Crawford</b></p>   | <p>Is early integration of palliative care for patients with incurable lung cancer acceptable to Australian healthcare professionals?<br/><b>Katie Doan</b></p> |
| <p>"This time it can't be fixed": Attitudes and difficulties in managing adolescent and young adult patients from a palliative care perspective<br/><b>Toni Lindsay</b></p> | <p>Can palliative care truly become 'everybody's business' in the Australian health care system of today?<br/><b>Teresa Burgess</b></p>   | <p>Pain and other symptoms of patients in Australian palliative care services<br/><b>Tanya Pidgeon</b></p>  | <p>The longitudinal pattern of response when morphine is used to treat chronic refractory dyspnoea<br/><b>David Currow</b></p>                                  |

Friday

