

**2021 Australian and New Zealand Spinal Cord Society (ANZSCoS) Annual Scientific Meeting**  
*Paddling Our Waka Together*  
**27-29 October 2021, Virtual Meeting**

AWST	AEDT	NZDT	DAY 1: Pre-Conference Workshops - AM Wednesday 27 October 2021
6:30am - 9:30am	9:30am - 12:30am	11:30am - 2:30pm	<b>Workshop 1 - 'Time is Spine' (3 hours)</b> Supported by the New Zealand Orthopaedic Spine Society and Entztec
7:30am - 9:30am	10:30am - 12:30pm	12:30pm - 2:30pm	<b>Workshop 2 - Ventilation (2 hours)</b>
7:30am - 9:30am	10:30am - 12:30pm	12:30pm - 2:30pm	<b>Workshop 3 - Peer Support (ANZSIPs Group)</b>

AWST	AEDT	NZDT	DAY 1: Pre-Conference Workshops - PM Wednesday 27 October 2021
10:30am - 12:30pm	1:30pm - 3:30pm	3:30pm - 5:30pm	<b>Workshop 4 - Spinal Cord Rugby Injuries: Past, present and future (2 hours)</b> Supported by Rugby Foundation NZ
10:30am - 1:30pm	1:30pm - 4:30pm	3:30pm - 6:30pm	<b>Workshop 5 - Hot Topics on Life in the Community with an SCI (3 hours)</b>
10:30am - 1:30pm	1:30pm - 4:30pm	3:30pm - 6:30pm	<b>Workshop 6 - Paediatric Workshop - Towards an Australasian Paediatric SCI Registry (3 hours)</b> Sponsored by SpineCare Foundation
1:45pm - 2:45pm	4:45pm - 5:45pm	6:45pm - 7:45pm	<b>DISCIPLINE SPECIFIC MEETINGS</b> Medical   Vocational Rehab Counsellors   Nursing   Physiotherapy   Occupational Therapy   Psychology   Paediatric Discipline Specific Meeting <i>*These meetings will be held as a live zoom meeting and will not be recorded</i>

AWST	AEDT	NZDT	DAY 2: Thursday 28 October 2021
5:30am	08:30am	10:30am	<b>VIRTUAL EXHIBITION OPENS</b>
5:30am - 6:30am	8:30am - 9:30am	10:30am - 11:30am	<b>COLOPLAST SPONSORED SESSION - Clinical considerations when initiating and supporting patients with Clean Intermittent Self Catheterisation (CISC)</b> Speaker: Dr Ashani Couchman Session Chair: Sadiq Aljoffri
			<b>AUSCANN SPONSORED SESSION - Evidence Base of Cannabinoids for Spinal Cord Injury Symptoms</b> Speakers Dr Peter Georgius, Dr Marc Russo, Dr Sachin Shetty Session Chair: Maria Alexakis
7:00am - 7:15am	10:00am - 10:15am	12:00pm - 12:15pm	<b>Opening Ceremony</b>
7:15am - 8:15am	10:15am - 11:15am	12:15pm - 1:15pm	<b>PLENARY ONE</b> Session Chair: Dr Xianghu Xiong
			<b>Professor Michael Fehlings - Time is Spine</b>
			<b>Professor Lisa Harvey - Evidence based physiotherapy in spinal cord injury</b>
8:15am - 8:45am	11:15am - 11:45am	1:15pm - 1:45pm	<b>VIRTUAL EXHIBITION AND MEETING HUB OPEN</b>
8:20am - 8:40am	11:20am - 11:40am	1:20pm - 1:40pm	<b>St John of God Haurua Trust Meet the Expert Session - Transitional Rehabilitation Care at The Granada Centre, Christchurch</b> Speaker: Jack Houghton Session Chair: George Anderson
			<b>CONCURRENT 1A</b> Session Chair: Dr Xianghu Xiong
			<b>CONCURRENT 1B</b> Session Chair: Ms Lynne Panayiotis
8:45am - 9:00am	11:45am - 12:00pm	1:45pm - 2:00pm	<b>BOTULINUM TOXIN TYPE A FOR THE TREATMENT OF SPASTICITY AFTER SPINAL CORD INJURY - Dr Monica Ling</b>
			<b>PEER SUPPORT ON THE WAKA: CO-DESIGN OF A TELEHEALTH PEER SUPPORT SERVICE MODEL FOR PEOPLE RETURNING HOME FROM HOSPITAL WITH A SPINAL CORD IMPAIRMENT (SCI) - Dr Jo Nunnerley</b>
9:00am - 9:15am	12:00pm - 12:15pm	2:00pm - 2:15pm	<b>CHRONIC RELAPSING ASCENDING MYELOPATHY (CRAM): A TREATABLE PROGRESSIVE NEUROLOGICAL SYNDROME FOLLOWING TRAUMATIC SPINAL CORD INJURY. CASE REPORT &amp; LITERATURE REVIEW - Mr Ravindran Visagan</b>
			<b>DOES FORMAL AND INFORMAL PEER-SUPPORT IMPROVE RESILIENCE? INVESTIGATING THE RELATIONSHIP FOR PEOPLE WITH SPINAL CORD INJURY UNDER THE CONTEXT OF COVID-19 IN VICTORIA, AUSTRALIA - Dr Ali Lakhani, Mr Nazim Erdem and Mr Josh Hose</b>
9:15am - 9:30am	12:15pm - 12:30pm	2:15pm - 2:30pm	<b>CAPTURING TRAUMATIC BRAIN INJURY WHEN THIS CO-OCCURS WITH SPINAL CORD INJURY - A/Prof Deborah Snell</b>
			<b>PITY OR PEDESTAL - MEDIA PORTRAYAL OF SPINAL CORD INJURY AND IMPACT ON LIVED EXPERIENCES - Ms Leanne Rees</b>
9:30am - 9:45am	12:30pm - 12:45pm	2:30pm - 2:45pm	<b>TETRAPLEGIA UPPER LIMB ACTIVITY QUESTIONNAIRE (TUAQ) - DEVELOPMENT AND INITIAL PSYCHOMETRICS - Dr Jennifer Dunn</b>
			<b>EXPLORING DIFFERENT WAYS OF INTEGRATING CONSUMER ENGAGEMENT IN SPINAL RESEARCH - Dr Johnny Bourke and Antonio Vecchio</b>
9:45am - 10:35am	12:45pm - 1:35pm	2:45pm - 3:35pm	<b>VIRTUAL EXHIBITION AND MEETING HUB OPEN</b>
11:10am - 11:30am	1:10pm - 1:30pm	3:10pm - 3:30pm	<b>Ipsen Meet the Expert Session - The treatment of lower limb adult spasticity in a spinal cord injury patient</b> Speaker: Dr Stephen de Graaff Session Chair: Andrea Mastrogiannis
10:35am - 12:15pm	1:35pm - 3:15pm	3:35pm - 5:15pm	<b>PLENARY TWO</b> Session Chair: Dr Johnny Bourke
			<b>Professor Ruth Marshall, ISCoS President - Osteoporosis and spinal cord injury</b>
			<b>Dr Julian Paton - Artificial Neurons now and the future treatment options in spinal cord injury</b>
			<b>Associate Professor Doug Brown - Challenges in spinal cord injury research</b>
			<b>Sara Granda - Lived Experience - Ventilatory dependent spinal cord injury</b>
12:15pm - 1:25pm	3:15pm - 3:30pm	5:15pm - 5:30pm	<b>VIRTUAL EXHIBITION AND MEETING HUB OPEN</b>
1:25pm - 1:30pm	3:25pm - 3:30pm	5:25pm - 5:30pm	<b>Permobil Product Demonstration Session</b>
			<b>CONCURRENT 2A</b> Session Chair: Professor James Middleton
			<b>CONCURRENT 2B</b> Session Chair: Dr Gillean Hilton
12:45pm - 1:00pm	3:45pm - 4:00pm	5:45pm - 6:00pm	<b>EVALUATION OF WEIGHT MANAGEMENT EDUCATION DELIVERY IN A SPINAL CORD INJURY REHABILITATION WARD - Mr Bryn Fittall and Ms Chantelle Elson</b>
			<b>DEVELOPING A THEORETICAL FRAMEWORK FOR EARLY INTERVENTION VOCATIONAL REHABILITATION - Dr Jennifer Dunn</b>
1:00pm - 1:15pm	4:00pm - 4:15pm	6:00pm - 6:15pm	<b>AN INSTRUCTIONAL DESIGN APPROACH TO EDUCATION ABOUT CARDIOMETABOLIC DISEASE AND SPINAL CORD INJURY - Ms Kiley Perhouse</b>
			<b>BACK2WORK, BACK TO LIFE: RESULTS FROM PHASE 1 OF AN EARLY INTERVENTION VOCATIONAL REHABILITATION PROGRAM BASED IN QLD, AUSTRALIA - Dr Julia Bloom</b>
1:15pm - 1:30pm	4:15pm - 4:30pm	6:15pm - 6:30pm	<b>A RETROSPECTIVE AUDIT OF CARDIOVASCULAR DISEASE SCREENING PRACTICES IN SPINAL CORD INJURY REHABILITATION - Ms Priya Iyer</b>
			<b>PROMOTING WORK, PROMOTING HOPE: CONSUMER PERSPECTIVES OF AN EARLY INTERVENTION VOCATIONAL REHABILITATION PROGRAM IN QLD, AUSTRALIA - Dr Julia Bloom</b>
1:30pm - 1:45pm	4:30pm - 4:45pm	6:30pm - 6:45pm	<b>TRANSITIONING BETWEEN PAEDIATRIC AND ADULT HEALTHCARE SERVICES: A QUALITATIVE STUDY OF YOUNG PEOPLE WITH SPINAL CORD INJURIES AND THEIR PARENTS/CAREGIVERS' EXPERIENCES - Mrs Emily Bray</b>

AWST	AEDT	NZDT	DAY 3: Friday 29 October 2021
5:00am	08:00am	11:00am	<b>VIRTUAL EXHIBITION OPENS</b>
5:20am - 6:20am	8:20am - 9:20am	10:20am - 11:20am	<b>MEDLAB CLINICAL SPONSORED SESSION: Preliminary analgesic evidence of cannabinoids delivered via NanoCelle® (submicron particle technology) and its further research addressing gaps in cannabis dosing efficacy.</b> Speaker: Dr Jeremy Henson Session Chair: Tony Potter
			<b>PERMOBIL SPONSORED SESSION: What is the evidence behind standing power wheelchairs?</b> Speaker: Rachel Fabiniak
6:40am - 8:30am	9:40am - 11:30am	11:40am - 1:30pm	<b>PLENARY THREE</b> Session Chair: Dr Jo Nunnerley
			<b>Andrew Siorance - Future of Wheelchairs/AI Technology</b>
			<b>Dr Colleen O'Connell - Cannabinoids in spinal cord injury: Canadian Experience</b>
			<b>Dr Richard Acland - Medicinal Cannabis</b>
			<b>Dr Marcalee Alexander - Sustainability and SCI: What will the future look like?</b>
8:30am - 9:00am	11:30am - 12:00pm	1:30pm - 2:00pm	<b>VIRTUAL EXHIBITION AND MEETING HUB OPEN</b>
8:40am - 9:00am	11:40am - 12:00pm	1:40pm - 2:00pm	<b>ACC Meet the Expert Session - The Development of ACC's Pressure Injuries in Spinal Cord Injuries Consensus Statement with Prudence Lennox</b> Speaker: Prudence Lennox
			<b>CONCURRENT 3A</b> Session Chair: Dr Suresh Subramanian
			<b>CONCURRENT 3B</b> Session Chair: Mrs Maria van den Heuvel
9:00am - 9:15am	12:00pm - 12:15pm	2:00pm - 2:15pm	<b>ENERGY NEEDS, ANTHROPOMETRY, BODY COMPOSITION AND IMPACTS ON WOUND HEALING FOLLOWING ELECTIVE SURGERY TO REPAIR CHRONIC PRESSURE INJURIES IN PEOPLE WITH SPINAL CORD INJURY - Ms Amy Nevin</b>
			<b>CONSUMER PERSPECTIVES ON SEXUALITY SUPPORT AFTER SPINAL CORD INJURY: A QUALITATIVE STUDY - Ms Chloe Bryant</b>
9:15am - 9:30am	12:15pm - 12:30pm	2:15pm - 2:30pm	<b>EFFECTS OF 6 WEEKS OF ABDOMINAL FUNCTIONAL ELECTRICAL STIMULATION ON BLOOD PRESSURE IN PEOPLE WITH SPINAL CORD INJURY - Ms Teodora Bojanic</b>
			<b>THE EFFECT OF EXERCISE ON SEXUAL SATISFACTION, SEXUAL INTEREST AND OTHER QUALITY OF LIFE VARIABLES FOR INDIVIDUALS WITH SPINAL CORD INJURY - Dr Roxanna Pebdani</b>
9:30am - 9:45am	12:30pm - 12:45pm	2:30pm - 2:45pm	<b>THE EXPERIENCES OF USING MAINSTREAM IMMERSIVE VIRTUAL REALITY TECHNOLOGY FOR NEUROPATHIC PAIN IN PEOPLE WITH SPINAL CORD INJURY: A MIXED METHODS STUDY - Ms Lee Byars</b>
			<b>SEXUALITY AND INTIMACY SUPPORT FOR CONSUMERS AFTER SPINAL CORD INJURY: MIXED-METHODS SURVEY WITH HEALTH PROFESSIONALS - Ms Chloe Bryant</b>
9:45am - 10:00am	12:45pm - 1:00pm	2:45pm - 3:00pm	<b>MPPT - NEW TREATMENT FOR WOUNDS AND PRESSURE ULCERS IN SCI-PERSONS - Dr Frank Sams-Dodd</b>
			<b>SHOW CASING THE EMOTIONAL WELLBEING LEARNING MODULES AND WEBAAPP- EMERGING AND VERSITILE PSYCHOSOCIAL EDUCATION - Ms Annalisa DeZarmalds</b>
10:00am - 10:40am	1:00pm - 1:40pm	3:00pm - 3:40pm	<b>VIRTUAL EXHIBITION AND MEETING HUB OPEN</b>
10:15am - 10:35am	1:15pm - 1:35pm	3:15pm - 3:35pm	<b>Laura Fergusson Brain Injury Trust Meet the Expert Session Focussing on upper limb function - when a nerve transfer assists</b> Speaker: Nicola Hunter Session Chair: Kathy Dwyer
10:40am - 12:30pm	1:40pm - 3:30pm	3:40pm - 5:30pm	<b>PLENARY FOUR</b> Session Chair: Professor Ruth Marshall
			<b>Dr Raymond Onders - Evolution of diaphragmatic pacing in spinal cord injury</b>
			<b>Dr Betsy Mathew - Maori Health in spinal cord injury</b>
			<b>Professor James Middleton - The Aus-INSCI Translation Project: Co-designing implementation strategies to change practice and policy</b>
			<b>Grant Sharman - Mouth Artist - Living with spinal cord injury / A brief history of disabled time in NZ - Sponsored by Catwalk Spinal Cord Injury Research Trust</b>
12:15pm - 12:30pm	3:15pm - 3:30pm	5:15pm - 5:30pm	<b>Closing Ceremony and Presentation of Awards - Sponsored by Catwalk Spinal Cord Injury Research Trust</b>

\*Note all Program timings are subject to change

